

Telephone support for parents during COVID-19



County Durham
and Darlington
NHS Foundation Trust

The Paediatric Clinical Psychology Service are offering telephone advice and support for parents and carers of children currently known to paediatricians who are struggling with significant behavioural issues during the school/nursery shutdown.

Paediatricians (and their admin) are able to refer families directly by sending an e-mail to:
cddft.paediatricpsychology@nhs.net

Please include:

- Child's name and file number
- Telephone number
- A brief summary of the concerns

*Please ensure parents are requesting support
or consenting to support*

Please continue to direct children with mental health difficulties to CAMHS.

The CAMHS single point of access number is: 0300 1239296
In a child mental health emergency, parents can contact the
CAMHS crisis team on: 0191 441 5733